

## BIKRAM ORIGINAL HOT YOGA 60-DAY CHALLENGE

1 March – 29 April 2010

Does the idea of attending a Bikram class everyday for 60 consecutive days sound crazy to you? Well, not to these 18 Bikram Original Hot Yoga members, who completed the Bikram Original Hot Yoga 60-Day Challenge.

Participants who completed the challenge not only gained better flexibility, strength and stamina. They also walked away with a gift pack worth \$135, including a Yogitoes® Skidless Towel and \$50 apparel voucher.

CONGRATULATIONS to our 60-Day Challenge Yogis:

AUDRY AFRININTA  
AAMINAH ZARZUELA  
ANGEL ZHOU  
ALYSA QIAN  
ANGELA HO  
CAREN DAWN  
GAO LAN  
HARVEY TAN  
JAYANTHI  
SOONG JIA BAO  
JACINTA  
KHEW CHIN REI  
MAMTA JAIN  
MELISAR LEE  
MANDA FOO  
MICHELLE  
SHANTHINI MUTHIAH  
WANG HAI PING



**Bikram**  
Original **HOT** Yoga

**60-Day Challenge!**

**New Year New You!**  
Transform yourself with  
The Bikram Yoga 60-Day Challenge!

All Challenges start on 1 March 2010

Each participant who successfully completes the 60-Day Challenge will receive:

- A 60-Day Challenge Certificate of Completion
- A Yogitoes® Skidless Towel
- A \$50 Activewear Apparel voucher

Total worth **\$135**

**Terms & Conditions:**

- 1) The Bikram Original Hot Yoga 60-Day Challenge is open to all Bikram Original Hot Yoga members under the REUC Group in Singapore.
- 2) All participants must start the challenge on 1 March 2010.
- 3) Each participant can only miss a maximum of 5 classes during the 60-day period.
- 4) Participants must make up for their missed classes by attending 2 classes a day within the challenge period.
- 5) Participants who miss more than 5 classes within the Challenge period will be disqualified.

Andrea Fonseka  
Actress & Talent Entertainer Artist

For more information, please approach our Membership Consultants today

\* Terms & Conditions apply.

